

Dear Parents,

The beginning of this week saw the close of voting for the recent Parent Governor election. The votes have been counted and the successful candidate to take on the position of Parent Governor on the Federation's governing body has now been identified. We are able to share with you the election results which were as follows:

Mark Gooding 44
David Howe 28
Charlotte Pawsey 50
Charlotte Pawsey is therefore elected as Parent Governor.

We are grateful to all three parents who are keen to support the work of the school and who nominated themselves for this role.

Eco-council and their green fingers!

Houseplants are well known for benefitting our physical and mental wellbeing. The Eco Council have been busy this week and have been very green-fingered, potting up spider plants to be put in each classroom and office around the school. These are for us all to enjoy and appreciate. The Eco Councillors will be taking on the responsibility for caring for the plants in their own classroom.



Mrs Wishy Washy visits Robins class

Robins class are really enjoying the story Mrs Wishy Washy as part of their current topic 'On the farm'. They have enjoyed dressing as Mrs Wishy Washy while role playing and retelling the story of the cheeky animals frolicking in the mud and then needing a bath! They have had great fun exploring the sensory farm and helping the animals to jump and roll in the chocolate pudding mud and making marks by driving the tractors through it. They've then been scrubbing everything clean with scrubbing brushes in the soapy water tray.



Registration for First Holy Communion in 2024

There will be a meeting with parents and children on Sunday 3rd December at 3pm in the Crypt. Children must be in Year 3 or above at school. If your child is already in High School (Year 7 and above), please contact the parish office. The course will begin with enrolment of all registered children at the 10.30am Mass at St Edmund's on Sunday 21st January and the first session will be that afternoon from 2pm - 4pm. Sessions will then be roughly once a month on a Sunday afternoon. Parental sessions will run at the same time as the children's classes. The First Holy Communion Mass will be celebrated on Saturday 8th June at 10.00am. The cost is £20 per child which is to cover the study materials. If a family would struggle to make this contribution please speak directly to Fr Sean or Catherine in the parish office in confidence.

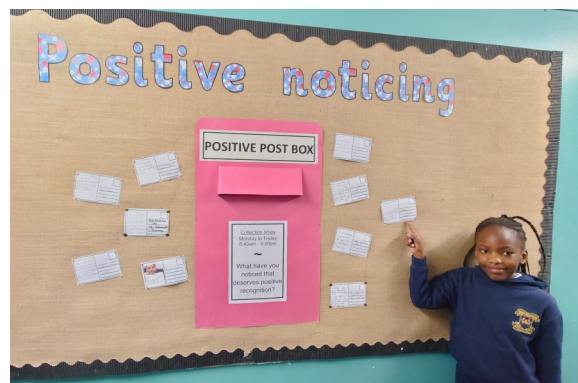


Why not follow us on @StEds_ip33

Positive Noticing

This week we have launched a 'Positive Post Box' in school as a means of drawing attention to and positively recognising the efforts and actions of children in our school. Children have proudly brought postcards that they have been awarded to share with the leadership team and to add to our corridor display for others to see too. The use of positive recognition is an effective way to draw out and reflect back to the child the positives that are noticed by others. It is an everyday relational strategy, able to be used any time, in any place. Catching children doing the right thing and marking it with positive acknowledgement is not just kindness, it teaches behaviour. You get more of the behaviour that you notice most. It is both immediate and long-lasting too.

The idea of positive recognition is discussed by Paul Dix in his book, 'When the adults change everything changes'; a book that most of the staff at St Edmunds have read and has helped to shape our practice in school. He has recently published a book designed for parents called, 'When the parents change, everything changes' and is worth reading.



Anti-bullying Week

It was fabulous to see so many children, staff (and a few parents) joining in the Odd Socks fun on Monday to kick start Anti-bullying week, as we began celebrating how unique we each are.

There have been some really valuable discussions that have taken place this week when thinking about how and why we all need to 'Make a Noise' if we experience or witness unkindness from others. The children were discussing the role that each of them play in making our school a great place to be. Linked to an article in the UNCRC, they were considering what they are each responsible for doing in order to ensure that all children are kept safe from harm, that no child is discriminated against and that they all experience the rights they are entitled to.



Forest School Fun!

During their Forest school session this week, the children in Early Years had great fun acting out the 3 little pigs story. They enjoyed being resourceful using different materials to build houses then tried to blow them down. They did a fantastic job at remembering words from the story and innovating different endings.



Please keep your milk bottle lids and send them into school so that we can make use of them in school. Thank you.

Diary Dates

Wk beg 20th Nov	Learning conversations continue (Wk beg 13th, 20th and 27th Nov)
Wed 22nd Nov	EY and Yr1 cinema trip
Fri 24th Nov	Whole School Mass 9am — parents welcome to attend
Wed 29th Nov (pm)	Annie and Sue from OM Health and Wellbeing in school
Fri 1st Dec	School Discos
Thur 7th Dec	Christmas Jumper Fundraising Day (wear something festive)
Thur 7th Dec	Rocksteady Concert 9am
Advanced notice...	
Mon 11th Dec	EY/KS1 Dress Rehearsal for Christmas performances 2pm
Tue 12th Dec	KS2 Carol Service
Wed 13th/Thur 14th Dec	EY/KS1 Christmas performances 2pm
Fri 15th Dec	Whole school Mass 9am (parents and parishioners welcome)

World Kindness Day

Monday this week marked World Kindness day and combined with discussions relating to Anti-bullying week, the children in Early Years have made hearts of kindness. These have been created with each of their hand prints and include words and actions they can take to show kindness to others. These are now on display in their classrooms as a helpful reminder for everyone.



Advanced notice about our Festive Fundraising Day

On Thursday 7th December the children will be able to replace an item of their school uniform with something festive in exchange for a £1 donation for charity. More information about the specific charity will follow.

Supporting Young People's Mental Health Parent/Carer Workshops

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are 60 minutes long.

Supporting our Young People with Anxiety

This workshop is for parents of school aged children to help them understand anxiety better. The session covers: what is anxiety, why anxiety, how it effects the brain, how it effects the body, how it impacts on what we do and don't do and how parents can support their children/adolescents who might be struggling with anxiety. Tuesday 21st November 13:00 PM

Supporting our Young People with Low Mood

This workshop will help you to have a better understanding of why our young people are more vulnerable to low mood once they reach adolescence, the warning signs and some evidence based strategies to best support your young person. Tuesday 21st November 18:00 PM

Supporting our Young People with Challenging Behaviours

In this workshop we will explore child behaviour that parents or teachers find challenging to manage, such as: hyperactivity, difficulties with attention, aggression, difficulties with friendships and relationships and irritability. We will cover practical strategies to help manage these behaviours positively. This workshop may be helpful for parents who have concerns around possible ADHD in their young person. Tuesday 12th December 13:00 PM

Supporting our Young People Manage Big Feelings

As our children grow, they experience many changes in themselves and the world around them. During this time, our children will feel a variety of feelings which they do not know how to manage. This workshop is aimed at parents of children aged up to 12 as we breakdown what leads our children to have these feelings and ways in which we can support them to manage if they become overwhelming. Tuesday 12th December 18:00 PM

Scan the QR code to find out more and book a place on a workshop or visit www.eventbrite.co.uk and search for Psychology in Schools Team - NSFT

