

[View this email in your browser](#)



Bike Train Bulletin March 3rd 2023

We are launching a new **Community Bike Train** project on Saturday March 11th, with a free cycle training session for adults. There will be free Bike Fix facilities for bikes that need a little attention, and loan bikes for riders who don't have a suitable bike to use. This will all be repeated the following Saturday, March 18th.

Free. All welcome. Details and booking [here](#).

The Community Bike Train is aimed at adults who want to gain confidence for cycling in and around Bury St Edmunds. This may be to accompany children to school, or to get to work or the shops etc. Thanks go to Bury St Edmunds Town Councillor Tony Whittingham for supporting this project with a locality grant.



BOOK A SESSION

GET BACK ON YOUR BIKE
with the
COMMUNITY BIKE TRAIN

A series of activities to support adults in Bury St Edmunds and the surrounding villages to cycle more. Learn to ride, bike repairs, improve riding skills, grow in confidence, discover good routes, cycle with others.

<p>On Your Bike - cycle training Sat, Mar 11, 10:00 AM - 1:00 PM Olding Road Car Park Bury St Edmunds Free</p>	<p>Dr Bike: bicycle check Sat, Mar 11, 10:00 AM - NOON Olding Road Car Park Bury St Edmunds Free</p>
<p>On Your Bike - cycle training Sat, Mar 18, 10:00 AM - 1:00 PM Olding Road Car Park Bury St Edmunds Free</p>	<p>Dr Bike: bicycle check Sat, Mar 18, 10:00 AM - NOON Olding Road Car Park Bury St Edmunds Free</p>

 <https://www.eventbrite.com/cc/community-bike-train-1758349> 

Bike Train: cycle to school routes and timetables

The Bike Train currently serves these schools: St Edmunds, Guildhall Feoffment, and Westgate, on a different route each day. On Fridays it passes St Edmundsbury School. The Tuesday 'Great Eastern' Bike Train from **Moreton Hall** needs some more passengers! If your family comes into town from the Moreton Hall or Eastgate area and you'd like to cycle instead of walking or driving, we'd love to have you join us. Details on the Bike Train website [here](#).

Meanwhile we are working on a Wednesday Bike Train to Sebert Wood School - watch this space.



THE BIKE TRAIN!

GREAT NORTHERN

- Sandlands Drive/Redwood Drive
- New Bury Community Centre
- Tayfen Meadow/Spring Lane
- Arc-Cattle Market car park
- Guildhall Feoffment School
- St Edmund's School

GREAT WESTERN

- The Parade, Ridley Road
- River Linnet/Flemyng Road
- Cemetery/Hospital Road
- Westgate School
- St Edmund's School
- Guildhall Feoffment School

GREAT EASTERN

- Moreton Hall Community Centre
- Symonds Road/Shaker's Lane
- Shaker's Lane/Kevelaer Way
- Magistrates' Court/Great Churchyard
- Norman Tower
- Guildhall Feoffment School
- St Edmund's School

THE SOUTHERN

- Mayfield Road/Caie Walk
- Hardwick Shopping Centre
- Laundry Lane/Lydgate Court
- St Edmund's School
- Guildhall Feoffment School

CYCLE TO SCHOOL IN BURY ST EDMUNDS

SUPPORTED BY

 BURY ST EDMUNDS TOWN COUNCIL

ecocarriersbse.co.uk/bury-bike-train/

Bike Train shortlisted for green award

The Creating the Greenest County Awards celebrate environmental excellence across Suffolk, and the Bike Train has been shortlisted in the Green Community Award. The results are announced on March 8th. So exciting!! Thank you to the schools - particularly St Edmunds, families, volunteer marshals, EcoCarriers riders and the Town Council for getting the Bike Train to this point.



Family ride on Sunday 12th March

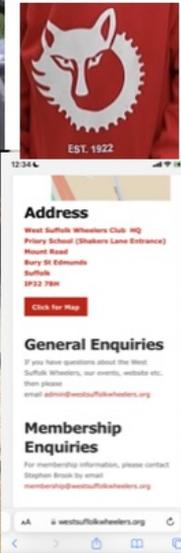
Our friends at West Suffolk Wheelers invite all Bike Train riders, and anyone else who is interested, to join them for a 7 mile cycle ride on cycle paths in Bury. Starting at 9am at the Wheelers' HQ in Shakers Lane, this ride is ideal for families.



West Suffolk Wheelers
Cycling and Triathlon Club



Disability & Family Ride
Sunday 12th March 9am
7 miles along cycle paths
of Bury St Edmunds
All welcome to join us
No fee, We look forward to
meeting and cycling with you



The Bike Library is open

Thanks to generous donations of bicycles, support from Bury St Edmunds Police Community Engagement Team and West Suffolk Council Councillors Wakelam, Waterman, Rayner, and Beckwith, EcoCarriers BSE has a good stock of refurbished second hand bikes for children and adults. For a one-off membership fee of £30 (or your old bike) you get a 'bike for life'. Children's

Contact us to arrange a visit to the Library to choose your bike. 01284 413441 or hello@ecocarriersbse.co.uk



Copyright © 2023 EcoCarriers BSE, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

Grow your business with  mailchimp