

We offer 1:1 consultations to parents;
if you are worried about your child's
physical health:

- Eating
- Sleeping
- Routine
- Toileting
- Behaviour
- Puberty
-

Or your child's emotional health:

- Emotional outbursts
- Worried
- Changes in behaviour
- Loss
- Sadness
- Self harm

WE CAN HELP!

Initial appointments are
45 minutes with a follow
up appointment offered.

We work with pupils teaching
various aspects of the RSE
curriculum:

- A lesson on Happiness
- The Puberty Brain
- Puberty
- Coping with SAT's

Plus we work with school staff:

- Training
- Looking after your own
Wellbeing
- Advice and Support



Health & Wellbeing Consultancy Ltd

www.omhwc.org.uk

Let's grow
happy, healthy
communities together

Find us @om_hwc on:



om

Health & Wellbeing Consultancy Ltd

Working in Partnership to support the
whole school community: Staff, Pupils
and Parents



Annie O'Neill RGN,
Ba(Hons), SCPHN -
SN

Worked in School
Nursing for 10 years



Sue Miller RGN,
RSCN

Worked in School
Nursing for 15 years

Over 25 years' experience