

# **YEAR 3'S CHALLENGE OF THE DAY**

MISS H, MRS J AND MRS H ARE CHALLENGING YOU EVERY DAY! LET US  
KNOW HOW YOU GET ON!

SEND US YOUR PHOTOS WITH A SENTENCE ABOUT WHAT YOU'VE DONE!

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# DAY 1: RECYCLE 4 THINGS

- Find 4 things around your house that you could put in the recycling bin.
- MINI CHALLENGE:
- How are you feeling today? Spend a few minutes talking to an adult about how you feel.
- Watch Newsround!



## DAY 2: EASTER BUNNY CHALLENGE

- The Easter Bunny is in trouble! His Easter Egg stores are running low and he has gone digging for more! He started his mission last week and he hasn't been back since!
  - To make things easier for him, we need your help!
  - Your challenge is to draw a picture of the Easter Egg you would like on Easter Sunday.
  - Use a drawing pencil and colouring pencils to add detail.
  - With your help, the Easter Bunny will be able to get the exact one you'd like!
  - Give your drawing to an adult who will pass it on to the Easter Bunny!
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- **MINI CHALLENGE:** Watch Newsround.
  - Spend a few moments in your garden or secure outdoor space. Breathe in some fresh air and get the sun on your face.



# DAY 3: LISTEN TO 5 SONGS YOU LOVE

- Play them nice and loud (but not too loud!).
- Can you think of a dance routine to go with one of them?
- What about actions to match the words?

## MINI Challenge:

- 30 seconds jogging on the spot
  - 30 seconds doing star jumps
  - 30 seconds high knees
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- Watch Newsround!
  - Spend a few moments in your garden or secure outdoor space. Breathe in some fresh air and get the sun on you face.





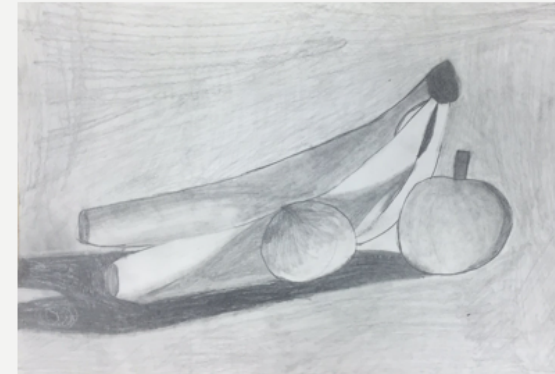
# DAY 4: READ A SHORT STORY OR PICTURE BOOK TO SOMEONE IN YOUR HOUSE.

- Read it like Miss Hamilton reads stories to you. Think about the tone of your voice and the expressions on your face!
- It can be any book you like.
- MINI CHALLENGE: Watch Newsround
- 30 seconds sit ups
- 30 seconds running on the spot
- 30 seconds lunges



# DAY 5: DRAW A PICTURE OF SOMETHING IN YOUR HOUSE.

- Draw a still life image of something in your house or in your garden.
- Sketch it with pencil then use delicate colouring pencils to add detail.
- Take a photo and sent it in to our school email!
- MINI CHALLENGE: Watch Newsround
- Take a quiz on Accelerated reader.
- Spend a few moments in your garden or secure outdoor space. Breathe in some fresh air and get the sun on you face.



# DAY 6: TIDY ANY ROOM OF YOUR HOUSE.

- It can be your bedroom/living room/hall.
- If you need an adult to help, ask them!
- Take before and after photos and send them to our school email!
- MINI CHALLENGE: Watch Newsround
- Spend a few moments in your garden or secure outdoor space. Breathe in some fresh air and get the sun on you face.



# DAY 7: MAKE A NICE MEAL FOR YOUR LUNCH

- Make a tasty meal for your lunch!
  - You could make soup/salad/sandwich/wrap etc!
  - Take a photo and send it to us!
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- MINI CHALLENGE: Watch Newsround



# DAY 8: SAY A PRAYER FOR SOMETHING/SOMEONE THAT IS ON YOUR MIND.

- Think about things you want to make better.
- Think about people in the world.
- MINI CHALLENGE: Watch Newsround



## PRAY FOR SOMEONE

Pray for those people who are hurting and going through some unimaginable circumstances.

Pray for those who want their lives to be better and to be free from those things that may be holding them back. Even though you may not know them, God knows their situation.

# DAY 9: DESERT ISLAND CHALLENGE

## Scenario

You have been stranded on a deserted island, after your plane crashed in the ocean, you are the only survivor, your plane was a courier plane, your cargo of small boxes begin to wash up on the shore.

### The Boxes contain:

- A taffeta dress,
- A pair of ice skates,
- 4 dvds,
- 2 umbrellas
- Party balloons and helium



***How creative can you be in using these items to aid your survival on the Island?***

# **DAY 10: START A PUZZLE WITH AN ADULT OR PERSON IN YOUR HOUSE.**

- Find a flat surface that's not in use like a coffee table/hard surface.
- Empty the pieces out of the box.
- Put the picture in front of you so you know what the pattern is.
- Find all the corner and edge pieces first.
- Put the corner pieces in position first.
- Start to build out and make the sides.
  
- MINI CHALLENGE: Watch Newsround
- Draw a picture of a smiley face and give it to someone



# DAY 11: CREATE A CINEMA EXPERIENCE AT HOME.

- MINI CHALLENGE: Watch Newsround





# DAY 12: DESIGN THE WRAPPER FOR A NEW CHOCOLATE BAR

- Use plain paper, a pencil and colouring pencils.
  - Think of some ideas for your new chocolate bar. Think about creations from Charlie and the Chocolate factory.
  - Draw your wrapper in pencil then add colour for detail.
  - Take a photo and send it to us!
- 
- MINI CHALLENGE: Watch Newsround
  - 30 seconds dancing
  - 30 seconds jumping
  - 30 seconds marching on the spot

# DAY 13: BUILD A DEN THAT CAN FIT AT LEAST 2 PEOPLE IN IT.

- Use anything sensible you can find.
- Use an adult to help you if you need it.
- MINI CHALLENGE: Watch Newsround



# DAY 14: READ A BOOK IN THE MOST UNUSUAL PLACE YOU CAN THINK OF.



# **DAY 15: MESSAGE IN A BOTTLE.**

- **Imagine you live by the sea. You may write a message in a bottle about what's happening in your life right now.**
- **You might want to write about why you are at home and not at school.**
- **Write about all the things you have been doing in the last few weeks.**
- **Write about how you feel today and why.**
  
- **Roll up your letter and put it in a jam jar/empty bottle. Seal it shut somehow and put it in a safe place.**
- **Write the date 4 weeks from today. That is the date you may open your bottle.**
- **The day you open your bottle: Read what you wrote. How do you feel now? What have you done since writing your message?**

# **DAY 16: CREATE A VIDEO MESSAGE WHICH CAN BE SHARED WITH FAMILY/FRIENDS/TEACHERS**

- Say hi! Tell us how you are! Tell us everything you want to!
- MINI CHALLENGE: Watch Newsround
- 30 seconds dancing
- 30 seconds jumping
- 30 seconds marching on the spot



# DAY 17: HAVE AN INDOOR TREASURE HUNT.

- MINI CHALLENGE:

Tidy your bedroom.

Listen to one song you like.

Pick 2 things up off the floor somewhere in your house.

Watch Newsround!

## Sweet Surprise Scavenger Hunt

Go on a scavenger hunt through your house or neighborhood (door-to-door) to collect everything on the list. Then use the items to make a sweet surprise. Be sure to share the results with your neighbors who helped with the ingredients!

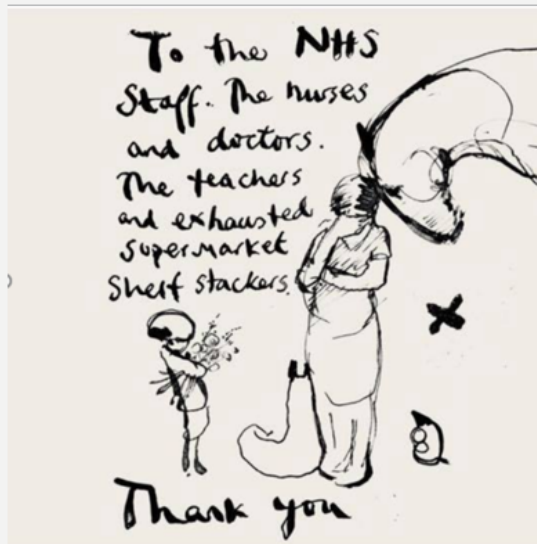
Look around your house or ask neighbors for something...

- ☐ Yellow, shaped like a brick, comes from a cow and it's yummy on toast
- ☐ You display flowers in it (Make sure it's clean)
- ☐ Says "Snap, Crackle, Pop!" when you pour in the milk
- ☐ Comes in all different colors to tie in pretty bows
- ☐ White and puffy, tastes good roasted over a campfire
- ☐ Wooden, helps you eat popsicles or make all sorts of crafts
- ☐ Helps you cut out shapes at Christmas or any time of year



## DAY 18: GIVE FIVE COMPLIMENTS TO PEOPLE THROUGHOUT THE DAY

- #bekind



# DAY 19: HAVE A GO AS A FAMILY! SEARCH PE WITH JOE ON YT.

P.E. With Joe ▶ PLAY ALL



P.E with Joe | Monday 23rd  
March 2020

The Body Coach TV  
4.5M views •  
Streamed 2 days ago



P.E with Joe | Tuesday 24th  
March 2020

The Body Coach TV  
3M views • Streamed 1 day ago



P.E with Joe | Wednesday  
25th March 2020

The Body Coach TV  
1.9M views •  
Streamed 8 hours ago



## DAY 20: ORDER YOUR BOOKS ALPHABETICALLY

- Order them by author or by title!
- MINI CHALLENGE:
  - 30 seconds star jumps
  - 30 seconds squats
  - 30 seconds jogging on the spot



# DAY 21: HAVE A GAME OF NOUGHTS AND CROSSES

- Scrap paper and pen/pencil!

## MINI CHALLENGE:

30 seconds star jumps

30 seconds squats

30 seconds jogging on the spot

- Watch Newsround



# DAY 22: WRITE IN ANOTHER LANGUAGE!

- Write a message to us in another language!
- You may choose any language you like.



# DAY 23: BUILD THE TALLEST TOWER YOU CAN USING ITEMS IN YOUR HOUSE.

- Take a photo and send it to us!



## DAY 24: HOST A BIRTHDAY PARTY FOR A TEDDY OR TOY



# DAY 25: USE THE RESOURCES IN YOUR HOUSE TO MAKE A MUSICAL INSTRUMENT

- Use any objects in your house-even the most simple.
- Be inventive! Use the internet for ideas.

- MINI CHALLENGE:
- 30 seconds star jumps
- 30 seconds squats
- 30 seconds jogging on the spot
- Watch Newsround



# **DAY 26: HELP YOUR PARENT WITH A JOB/CHORE**

- Be helpful!
- Cleaning/cooking/organising/gardening

- **MINI CHALLENGE:**

- 30 seconds singing
- 30 seconds skipping
- 30 seconds jogging on the spot
- Watch Newsround



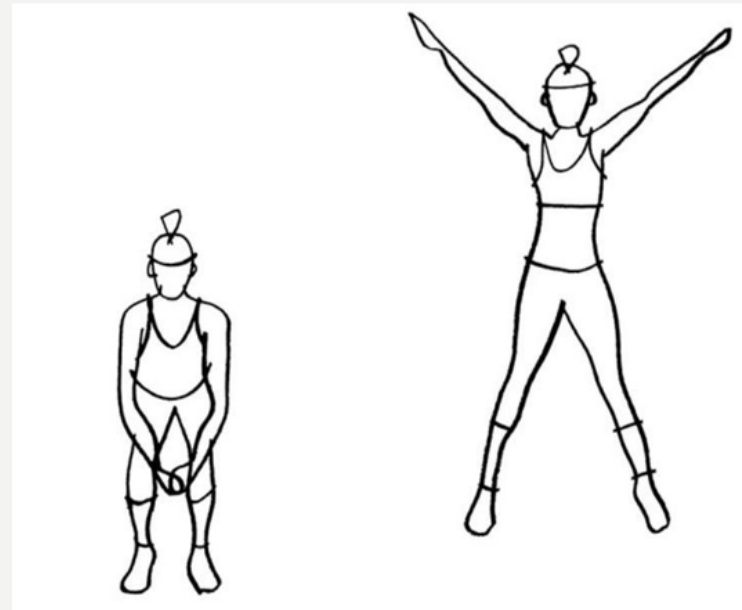
## **DAY 27: TELL A JOKE TO MAKE PEOPLE LAUGH**

- Create a collection of jokes to make people around your house laugh.
- Send one in to us!



# DAY 28: COMPLETE 100 STAR JUMPS IN ONE DAY

- Do these in bursts throughout the day!
- Maybe go outside and do them!
- MINI CHALLENGE:
- Watch Newsround
- Count how many fruit and veg you eat today.



# DAY 29: HOST A TALENT SHOW WITH THE PEOPLE AT HOME

- Each member needs to have a talent.
- You need to judge each other's talent out of 10.
- The 2 people with the highest score need to go to the final.
- The winner will receive a price determined by the judges.



- MINI CHALLENGE:
- 30 seconds singing
- 30 seconds skipping
- 30 seconds jogging on the spot
- Watch Newsround



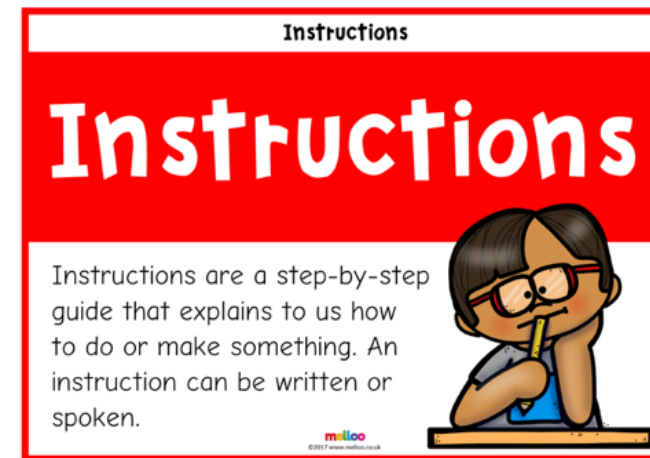
# DAY 30: COOK A MEAL FOR DINNER WITH AN ADULT

- Wash your hands.
- Use a recipe
- Use an adult to help you with chopping etc.
- Take a photo and send it in!



# DAY 31: WRITE SOME INSTRUCTIONS ON HOW TO MAKE A DINNER.

- Write out the recipe you used!
- Title
- Short description
- Ingredients
- Equipment
- Numbered instructions
- Warning
- Helpful tip



## DAY 32: PLANT SOME SEEDS

- Plant some seeds following the instructions.
- Put your plant in the sunlight and add some water.

